



# Waste Disposal Guidance and Tips

## Why recycle?

Much of the trash that is removed during river cleanups is recyclable. By recycling these items, we are reducing the amount of waste in landfills, saving energy, conserving natural resources, reducing greenhouse gases and protecting and sustaining the environment.

#### **General recycling**

Paper: White papers, envelopes, file folders, newspaper, and cardboard

Glass: All beverage and food containers, including soda, wine, beer, olive oil, etc.

Plastic: Bottles, cutlery, bags, etc.

Metals: Aluminum cans, aluminum foil, tin cans, copper, brass, iron

#### **Tires**

Organizers can request Bridgestone Americas to come to their event, pick-up and recycle all found tires for free.

Organizers should visit their website to take advantage of their Bridgestone's Tires 4ward program and fill out their online request form.

American Rivers is championing a national effort to protect and restore all rivers, from remote mountain streams to urban waterways. Healthy rivers provide people and nature with clean, abundant water and natural habitat. For 50 years, American Rivers staff, supporters, and partners have shared a common belief: Life Depends on Rivers<sup>SM</sup>.



## Sharps

For any sharps found (needles, syringes, lancets or other contaminated sharp items), please take the following steps:



Place them in a punctureresistant, disposable household container such as an empty bleach bottle, laundry detergent bottle or metal coffee can.



Using a RED marker, write on the container, "BIOHAZARD— DO NOT RECYCLE." The color red is required to indicate biohazardous waste.



Visit the Safe Needle Disposal website to search for a disposal site based on your zip code.

### Other

For any other item found that should not be disposed of in the general trash or recycling bin (such as scrap metal, construction material, appliances, electronics, etc.):

- Locate your nearest recycling center by calling 1-800-CLEANUP. Be sure to inform them of the item you are looking to recycle and your zip code, OR
- Visit the Earth911 website and use their form to search for a recycling solution near you.

## Fast facts

- Glass is 100% recyclable and can be recycled continuously without loss in quality.
- Every ton of glass recycled saves 1,330 pounds of sand, 433 pounds of soda, 433 pounds of limestone, and 151 pounds of feldspar that would be needed to create new glass.
- For every million cell phones we recycle, 35 thousand pounds of copper, 772 pounds of silver, 75 pounds of gold, and 33 pounds of palladium can be recovered.



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